# Overdoor Traction Set

# 24300

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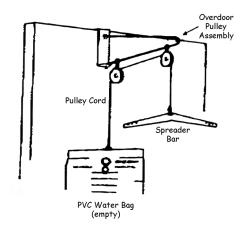
- 1 Overdoor Pulley Assembly
- 1 20lb Capacity Water Traction Weight Bag
- 1 Nylon Traction Cord
- 1 Universal Head Halter
- 1 Spreader Bar with "S" Hook

### ASSEMBLY/USER INSTRUCTIONS

Use of this device should never be attempted alone. A consulting individual should assist the treated individual with the proper setup and treatment process. Do not leave treated individual unattended. Verify proper weight prescription and treatment duration before commencing treatment.

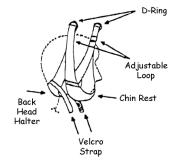
You will need to provide a door with a thickness between 1-3/8" to 1-5/8", a sturdy chair, and water sufficient to fill the traction weight bag to the physician's prescribed weight.

- 1. Position the overdoor bracket on the center, top edge of the door.
- 2. With a reliable knot, secure the nylon traction cord to the metal notch on the water traction weight



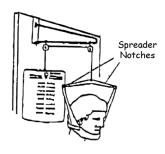
bag. Thread the cord over the top of both pulleys (closest to the door first) and secure the opposite cord end to the Shook of the halter spreader bar with a reliable knot. Adjust the cord length so that the spreader bar and the water traction bag are at equal height around neck level when the individual is seated.

3. Seat the individual directly below the hanging halter spreader bar. Rest back of head onto the shorter portion of the halter with the attached Velcro straps. Place the chin strap along the bottom front portion of the chin. The Velcro straps



will now secure the rear head support to the chin support. Verify that the halter with adjusted straps is comfortable to the individual. Halter and straps should lie flat and should not be creased or used out of the position shown.

4. The universal head halter can be placed onto the halter spreader bar by holding the curved portion of the halter D-ring into one of the most comfortable spreader notches. Follow identically with the second D-ring on the opposite spreader arm.



- 5. The physician should determine the type of traction (Flexion vs Extension) required by this product. This will determine whether to face the door or away from the door.
- The consulting individual can now add the exact amount of water into the traction bag as prescribed by the physician. Add incremental liquid weight into the bag.

Do not exceed the prescribed weight. Do not attempt to use any material other than water into the bag as weight.

Periodically ask the treated individual if there is any discomfort from the traction halter or discomfort due to excessive weight. The traction bag is calibrated to hold water weight between 2lbs and 20 lbs.

7. Continue traction treatment for the prescribed time duration. Upon completion, the consulting individual shall relieve the halter pressure by lifting up on the water traction bag and unattaching the Velcro straps of the halter. The head can now be fully removed from the halter assembly.

## CARE INSTRUCTIONS

Detach water traction bag from nylon traction cord and empty the water. Rinse inside of bag with diluted detergent if desired. Allow the bag to fully air dry prior to storage. Store bag flat or rolled. Do not fold. Remove hardware from door. Can be stored fully assembled.

Use only as prescribed by a physician. If discomfort occurs, contact your physician immediately.

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