

DESCRIPTION OF PRODUCT: padded limb restraints with double security closure.

Indications for Use

- Patients assessed to be at risk of disrupting life-saving treatments (e.g., chronic tube pulling).
- Patients assessed to be at risk of line pulling, which may prevent monitoring of vital signs.
- Patients whose picking, pulling, scratching, or peeling exacerbates a skin condition, causes self-injury, or compromises wound site integrity.
- Patients assessed as being in extreme danger of injury to themselves or to others.

Contraindications

- DO NOT use this device on a patient who is or becomes: suicidal; highly aggressive or combative; self-destructive; or deemed to be an immediate risk to others, UNLESS the patient is under constant supervision.
- NEVER use on a patient:
 - With a dislocation or fracture on the restrained limb; or
 - If an IV or wound site could be compromised by the device.

See the Posey Catalog for other options for such a patient.

Adverse Reactions

- Severe emotional, psychological, or physical problems may occur: if the applied device is uncomfortable; or if it severely limits movement. If the patient is likely to cause injury to him/herself or others, get help from a qualified medical authority to find an alternate intervention or method of restraint.

Application Instructions

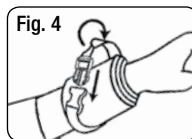
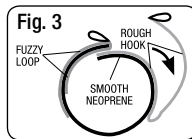
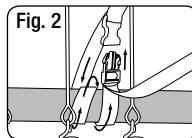
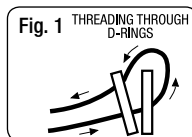
(Connecting Straps) (repeat steps 1-2 for each side)

- **WARNING** Before each use, check cuffs and straps for cracks, tears, and/or excessive wear or stretch; cracked or broken buckles or locks; and/or that hook-and-loop adheres securely, as these may allow patient to remove cuff. Discard if device is damaged.
- If you have any questions about patient safety, ask the appropriate medical authority for alternatives.

NOTE: ALWAYS secure both ankles to help prevent patient release.

1. Follow these steps to apply device:

- **2791**-Wrap the connecting strap to a movable part of the bed frame, out of the patient's reach, by pulling the strap back between the first and second D-ring (Fig. 1), or attach with a quick-release tie.
- **2791Q**-Wrap the connecting strap once around a movable part of the bed frame, out of the patient's reach. Close the quick-release buckle. Listen for a "snapping" sound. Pull firmly on straps to ensure a good connection (Fig. 2).



APPLYING THE CUFFS (repeat steps 1-4 for each limb):

1. Wrap the neoprene piece (the red side should be positioned against the skin) around the ankle. Attach the black hook-and-loop pieces together, followed by the red hook-and-loop pieces. The fuzzy piece should be sandwiched between the two pieces of hook (Fig. 3). Be sure to overlap at least one inch (3 cm).
2. Press the hook-and-loop closure together firmly and make sure it adheres securely. Slide ONE finger (flat) between the cuff and the inside of the patient's ankle to ensure proper fit. The cuffs must be snug enough to prevent escape, but not interfere with circulation.
3. **2791**-Pass the end of the limb strap over the top of the cuff and through the two D-rings on the cuff. Bring the strap back over the first ring and through the two D-rings on the cuff (Fig. 1). **2791Q**-Release the quick-release buckle, twist, and reconnect. Listen for a "snapping" sound. Pull firmly on straps to ensure a good connection (Fig. 4).
4. Adjust the bed strap(s) to allow desired freedom of movement, without compromising patient or caregiver safety.



Posey Twice-As-Tough Cuffs

REF 2791 Ankle pair; double strap (color-coded red)

REF 2791Q Ankle pair; double strap with quick-release buckles (color-coded red)

TO LIMIT PATIENT RANGE OF MOTION (Fig. 5):

1. Attach the cuff that is secured to the bottom right corner of the bed to the left ankle.
2. Criss-cross the straps and attach the cuff secured to the bottom left corner of the bed to the right ankle.
3. Adjust connecting straps as necessary.



WARNING ADDITIONAL OR DIFFERENT BODY OR LIMB RESTRAINTS MAY BE NEEDED (See Posey Catalog):

- If the patient pulls violently against the bed straps.
- To reduce the risk of the patient getting access to the line/wound/tube site.
- To prevent the patient from flailing or bucking up and down and causing self-injury.

MONITOR PER FACILITY POLICY. Check to ensure that:

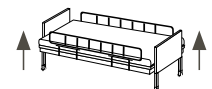
- Bed attachment straps cannot slide in any direction, tighten or loosen if the patient pulls on them, or if the bed is adjusted;
- Cuffs are attached in a way that the patient is not able to use his or her teeth or otherwise remove the device;
- Cuffs are intact, and not torn or damaged. DO NOT allow patients to ingest product material.

MONITORING

- Posey recommends constant direct supervision for patients deemed to be at risk of injury to themselves or others. For times when direct supervision is not possible, monitor by line of sight or by a video/audio device.
- NEVER allow a patient to have access to any tool, utensil, or object that might be used to unlock or damage cuffs.
- Be aware that a sudden mood swing may cause agitated or aggressive behavior. Contact the medical team AT ONCE if this occurs. No level of monitoring may avoid the risk of serious injury to highly agitated or aggressive patients.
- Check the patient regularly to ensure that:
 - Circulation is not impaired. Serious injury may occur if the cuffs restrict circulation.
 - Cuffs are secure. Death or serious injury to the patient or others may occur if the patient can remove the cuffs.

BED SAFETY

- ALWAYS use Hospital Bed Safety Workgroup (HBSW) (<http://www.fda.gov/cdrh/beds/modguide.html>) compliant side rails in the UP position and fill ALL gaps to reduce the risk of entrapment.
- Use side rail covers and gap protectors to help prevent the patient's body from going under, around, through or between the side rails. A failure to do so may result in serious injury or death if a patient becomes suspended or entrapped. Posey offers a full range of side rail pads and/or gap protectors to cover gaps.



ADDITIONAL SAFETY AND LAUNDERING INSTRUCTIONS ON OTHER SIDE