

# Soft Cold / Hot Gel Pack

61025, 61026, 61027



**Please inspect all parts carefully for cracks/breaks prior to use.**

## USER INSTRUCTIONS

### Cold Therapy

1. Place gel pack in the freezer for at least 10 minutes before each use.
2. Remove gel pack from freezer and wrap in a dry towel.
3. Place gel pack on affected area.

### Hot Therapy (Hot Water)

1. Place gel pack in hot water (max 80°C / 176°F) for 10 minutes.
2. Remove gel pack from water and wrap in a dry towel.
3. Place gel pack on affected area.

### Hot Therapy (Microwave)

1. Place gel pack in microwave (800W is recommended).
2. Make sure the gel is evenly distributed in the pack.
3. Heat the pack for 20 seconds at a low power setting. Heating times will vary depending on the wattage of the microwave. If more heat is required, heat in additional 10-second increments until the desired temperature is reached.
4. Allow the gel pack to sit for 1 minute before removing from microwave.
5. Wrap gel pack in a dry towel and place on affected area.

## CARE INSTRUCTIONS

Wipe clean with a soft cloth.

### Manufactured For:

Valentine International Ltd., Taiwan R.O.C.

### Authorized European Representative:

Medica Surgical Innovations Limited  
BB2 4PB, United Kingdom



Made in Taiwan

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## CAUTION:



Always wrap gel pack in a towel before use in order to avoid frostbite or burn.



Treatment time should not exceed 20 minutes per use.



Make sure to follow the instructions of your physician or medical practitioner.



The pack contains a non-toxic gel that retains heat or cold. If these non-toxic contents are exposed to the skin or eyes, flush with water immediately. If irritation or redness persists, consult a physician.



Children should only use this product under adult supervision.



The gel pack is for external use only. The contents are not intended for ingestion. If contents are accidentally ingested, seek medical attention immediately.



Persons with severe disabilities or persons who are unable to walk without an aide should not attempt to use this product without assistance.

## Product Details

Outer Material: nylon + PVC

Content: non-toxic gel

61025: 15cm x 15cm / 5.91" x 5.91"

61026: 30cm x 19cm / 11.81" x 7.48"

61027: 30cm x 25cm / 11.81" x 9.84"